

# VANDEN HIGH SCHOOL VIKING CUISINE

## WRAPS

**Monday**- Chipotle Chicken  
**Tuesday**- Teriyaki Chicken  
**Wednesday**- Chicken Bacon  
**Thursday**- Turkey Pepperoni  
**Friday**- Crispy Chicken



## FAVORITES

**Monday**- House-made Chili w/ Cheese and Fresh Baked Corn Bread or Bean & Cheese Encharito  
**Tuesday**- Asian Bowl- Rice or Noodles Topped w/ meat, veggies and Savory Sauce  
**Wednesday**- Roasted Salisbury Steak w. Beef Gravy, Mashed Potatoes, and Roasted Green Beans or Chicken Noodle Soup from Scratch w/ a Grilled Cheese Sandwich  
**Thursday**- Pasta Bar- A variety of noodle, meat, and sauce choices  
**Friday**- Hot Dog Topped w/ Home-made Chili and Cheese or Hand Rolled Bean & Cheese Burrito w/ Fresh Salsa



## PIZZA

**Monday through Friday** we offer fresh baked, never frozen, Cheese or Pepperoni Pizza daily

**On Wednesdays** we offer Personal Cheese and Pepperoni Pizzas



## BREAKFAST

**Monday**- Mini Pancakes or Breakfast Pizza  
**Tuesday**- Fresh Baked Fruit Muffin or Breakfast Pizza  
**Wednesday**- Egg on a Fresh Baked Biscuit or Breakfast on a Stick  
**Thursday**- French Toast Casserole or Fresh Baked Cinnamon Roll  
**Friday**- Peaches and Cream Overnight Oats or Banana Bread



Student 2nd Meal Price:

Breakfast: \$1.75

Lunch: \$3.25

Adult Meal Price: Breakfast: \$4.25

Lunch: \$4.25

## FAST TAKES

**Monday- Friday** - Chicken Caesar Salad

### Daily Specials

**Monday**- Taco Salad  
**Tuesday**- Hummus Plate  
**Wednesday**- Chef Salad  
**Thursday**- Crispy Chicken Salad  
**Friday**- Protein Pack



## GRILL

**Monday**- Hamburger or BBQ Chicken Sandwich  
**Tuesday**- Chicken Sandwich or Teriyaki Burger  
**Wednesday**- Spicy Chicken Sandwich or Hamburger  
**Thursday**- Meatball Sub or Chicken Parmesan Sandwich  
**Friday**- Chicken or Cheese Quesadilla w/ Fresh Salsa or Corn Dog

## DELI

### Monday-Friday:

Make your own sandwich bar!  
 Choose from-  
 Turkey, Ham, or Salami  
 Pepper Jack or Cheddar Cheese  
 and an assortment of condiments

**COMING SOON**  
**FRESH BAKED BREAD**

You must select a half cup of fruit or vegetable or a combination of both with your meal. We offer fruits, vegetables, non-fat chocolate milk, and 1% white milk daily with your meal.

Menu is subject to change.

This institution is an equal opportunity provider.

